# IUP COUNSELING NEWSLETTER

As many of you recall our on-campus department training facility consists of five rooms equipped with VHS camcorders, outdated audio equipment, and no remote observation capabilities. This technology was developed in the 1970's, and while it was once an effective system, it is rapidly becoming obsolete. New technology currently exists to digitize and totally revamp our counselor training facility, with the goal to move the training of counselors into the 21<sup>st</sup> century. With the development of the facility described below, we will have a state-of-the-art, prototypical counselor training facility.

This digitized system fosters a level of video analysis that is easy to use, facilitates skill development, and enhances individual/group instruction and supervision. There are four main components of the digital training facility:

The Counseling Lab is the hub of the facility and has several functions: 1.) It has a video/audio routing system that allows users (students and faculty) to select where sessions will be viewed and recorded; 2.) It has a camera control unit that allows users to remotely and unobtrusively manipulate the



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pan-tilt-zoom functions of the cameras housed in the interview rooms; 3.) It has wireless receivers & headphones that allow users to access the audio of any sessions occurring and allows live-supervision, via an in ear-feedback (IFB).

This IFB allows faculty and students to provide realtime instruction/feedback while counseling training sessions are being conducting – this is a high-tech "bug-in-the-ear" system; and 4.) It has the capacity to digitally record counseling sessions on the Landros (see the section on the Landro Learning Stations) and on VHS/DVD equipment.

Three Landro Learning Stations are also

housed in the Counseling Lab. The digitized counseling sessions that are recorded to the Landro units can then be analyzed and coded using a prescribed database. The database is developed by faculty and geared to the learning



objectives for the specific course. Students are then able to mark and code each response. These marking, called clip marks, once coded can be



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**Erin-Caitlin Rinker:** Erin is from Bucks County, PA, a suburb of Philadelphia. Graduating in May 2003 with a BA in Psychology and a minor in Educational and School Psychology, Erin is now attending IUP for Secondary School Counseling. Erin has always loved to sing and act since she was a child. She also loves to travel. In fact, she recently fulfilled a dream in August, which was to travel to Ireland (she's very Irish!). It was a graduation gift from her mom and they spent 12 wonderful days touring Ireland. Erin is Dr. Worzbyt's G.A.

**Megan C. Kojsza:** Megan graduated from IUP with a B.A. in Journalism and Religious Studies. Currently she is in the Community Counseling Program. She is advisor to Spirit of the Oak, a student religious organization and she is a representative on the interfaith council and edits their Spiritual Side of Life column in the Penn. Megan's interests include Women's issues, career counseling and spirituality. She also enjoys writing poetry. Megan is Drs. Utay and Marshak's G.A.

Katie Smith: Katie graduated from Loyola College in Maryland in 1994 with a B.A. in Psychology. Before moving to PA a little over a year ago, she lived in Tucson, Arizona for five years. She enjoys camping, reading, sewing, rock climbing, and spending time with her family, which includes her husband, baby, two dogs and a cat. Katie is Dr. Fontaine's G.A.

Courtney Griswold: Courtney graduated from Lycoming College with a BA in Psychology in Jan. 2002. She is in the Elementary Counseling track in Currently, she is working with Dr. McCarthy researching adolescent depression and she copresented at PSCA, held at Slippery Rock University in Nov. Courtney is excited to be working with children of military families who are dealing with issues such as parental deployment. Next April, she will be presenting on this topic with Dr. Rishel at the PSCA Penn State Conference. Courtney will be graduating this May and will be getting married in June. She plans to move to Camp Lejeune, NC where she hopes to begin her career in either the Department of Defense School on base or at a surrounding public school.

**Kristin Grosz:** Kristin graduated from University of Pittsburgh at Johnston with a B.S. in Psychology. Currently she is taking classes at IUP with the hopes of one day working with the elderly. Kristin likes to read, loves interior decorating, and baseball (especially the Braves!). She is Dr. Rishel's G.A.

#### Welcome 2003-2004 Grad. Assistants!

**Erica Ruediger:** Erica graduated from West Virginia University with a B.A. in Psychology. Her interests

include photography, reading, hiking, fishing, camping, travel, exercise, and martial arts. She is always looking for new interests or hobbies. Erica is Dr. L'Amoreaux's G.A.

**Lee Anne Turney:** Lee Anne graduated from IUP with a bachelor's degree in psychology. She currently is enrolled in the secondary school counseling track. Lee Anne's interests include human sexuality and evolutionary psychology. She is working with Dr. Guth as her G.A.

**Rachel Miller:** Rachel graduated from Clarion University with a B.S. in Psychology. She plans to move to North Carolina after she graduates in 2005. Currently she is planning her 2004 wedding. Rachel's interests include reading (especially about forensics and true crimes) and skiing. She is a member of cohort 5 in Monroeville and is Dr. Witchel's G.A.

#### Erica Faye, M.Ed. Named 2002-2003 Student of the Year

Congratulations to Erica Fave who received the 2002-2003 Outstanding Student Award. The Award is earned by a student demonstrating professional service, volunteer work, and who has shown а commitment to the

counseling profession through memberships in professional organizations. Additionally, the recipient must have achieved and maintained noteworthy