

Hepatitis A Fact Sheet

Description	Hepatitis A is a liver disease caused by the hepatitis A virus. Hepatitis A can affect anyone. In the United States, hepatitis A can occur in situations ranging from isolated cases of disease to widespread epidemics. Good personal hygiene and proper sanitation can help prevent hepatitis A. Vaccines are also available for long-		
	term prevention of hepatitis A virus infection in persons 12 months of age and older. Immune globulin is available for short-term prevention of hepatitis A virus infection in individuals of all ages.		
SIGNS & SYMPTOMS	Adults will have signs and symptoms more often than children.		
	jaundicefatigueabdominal painloss of appetite	nauseadiarrheafever	
CAUSE	Hepatitis A virus (HAV)		
LONG-TERM EFFECTS	 There is no chronic (long-term) infection. Once you have had hepatitis A, you cannot get it again. About 15% of people infected with HAV will have prolonged or relapsing symptoms over a 6-9 month period. 		
TRANSMISSION	 HAV is found in the stool (feces) of persons with hepatitis A. HAV is usually spread from person to person by putting something in the mouth (even though it might look clean) that has been contaminated with the stool of a person with hepatitis A. 		
PERSONS AT RISK for INFECTION	 Household contacts of infected persons Sex contacts of infected persons Persons, especially children, living in areas with increased rates of hepatitis A during the baseline period of 1987-1997 		

VACCINE RECOMMENDATIONS	 Vaccine is recommended for the following persons from 12 months of age and older: All children at age 1 year (i.e., 12–23 months) Travelers to countries where hepatitis A is common Men who have sex with men Users of injection and non-injection drugs 	