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UWUCC USE Only

Number: \_\_\_\_\_

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06-32L

CURRICULUM PROPOSAL COVER SHEET

1. Title of Proposal: \_\_\_\_\_

2. Department: \_\_\_\_\_

3. Faculty Name: \_\_\_\_\_

4. Title: \_\_\_\_\_

5. Phone: 7-3259

Department: Nursing

6. LSC Approval Number: \_\_\_\_\_

7. LSC Approval Date: \_\_\_\_\_

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60. LSC Approval Comments: \_\_\_\_\_

Course or Catalog Description Change

Course: \_\_\_\_\_

Proposed Changes

1. Title: \_\_\_\_\_

2. Department: \_\_\_\_\_

3. Faculty Name: \_\_\_\_\_

4. Title: \_\_\_\_\_

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27. LSC Approval Comments: \_\_\_\_\_

28. LSC Approval Date: \_\_\_\_\_

**Prerequisite or corequisite: NURS 412**

This course focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

## **I. Course Description**

**NURS 432 Psychiatric/Mental Health**

**2 lecture hours**

**0 lab hours  
2 semester hours  
(2c-0l-2sh)**

**Prerequisites:** NURS 336, 337, 338, 339

**Corequisites:** NURS 435

**Pre or corequisite:** NURS 412

This course focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

At the conclusion of the course the student will be able to:

1. Describe the roles and functions of the psychiatric nurse generalist and advanced practice psychiatric nurse
2. Relate the principles of therapeutic communication to nurse/client interaction in various psychiatric settings
3. Examine appropriate theoretical framework for specific psychiatric disorders
4. Utilize critical thinking to apply the nursing process in caring for clients with psychiatric problems
5. Examine personal attitudes, values, and beliefs about clients with psychiatric problems
6. Explain the family's role in the health of clients with psychiatric problems
7. Discuss the impact of societal values and economics on the mental health care delivery system
8. Utilize the nursing process to plan nursing care for the psychiatric client in the community
9. Discuss primary, secondary and tertiary prevention/intervention for individuals, families and groups in the hospital and the community

## **III. Course Outline**

Weeks 1-2      A. Introduction to Psychiatric Nursing      1 hr.

1. Roles of the psychiatric nurse
2. Mental health promotion

- a. Health promotion/Health teaching
  - b. Crisis intervention
  - c. Case management
  - d. Group therapy
  - e. Family therapy
  - f. Cognitive behavioral therapy
3. Psychopharmacology

- 3. Phobias
- 4. Obsessive compulsive disorder
- 5. Post traumatic stress disorder
- 6. Nursing care

Week 12 Q Substance Abuse Disorders 2 hrs

1. Nursing care

Week 13 P. Disorders of Childhood 2 hrs.

1. Depression
2. Autistic disorder
3. Adjustment disorder
4. Disorders of conduct
5. Attention deficit disorder

Week 14 Q. Delirium/Dementia 2 hrs.

1. Subtypes
2. Nursing care

Final Week Final Exam

#### IV. Evaluation Methods\*

- 40% Mid-term exam (multiple choice)
- 40% Final exam (multiple choice)
- 20% Periodic in class unannounced quizzes on required reading assignments

#### Grading scale:

- A 90-100%
- B 80-89%
- C 70-79%
- D 60-69%
- F Less than 60%

**\*To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams AND at least a 70% average grade on all other assignments.**

#### V. Required Texts:

Thompson, M.C. (2000). Psychiatric mental health nursing: Concepts of care (2<sup>nd</sup> ed.)

Brand, B. (1997). RNs and schizophrenic patients... "Beyond medication." Journal of Psychosocial Nursing and Mental Health Services, 35(12), 7-8.

Brennan, G. & Gamble, C. (1997). Schizophrenia family work and clinical practice. Mental Health Nursing, 17(4), 12-15.

Brand, B. (1997). RNs and schizophrenic patients... "Beyond medication." Journal of Psychosocial Nursing and Mental Health Services, 35(12), 7-8.

Brand, B. (1997). RNs and schizophrenic patients... "Beyond medication." Journal of Psychosocial Nursing and Mental Health Services, 35(12), 7-8.

Fishel, A.H. (1998). Nursing management of anxiety and panic. Nursing Clinics of North America, 33(1), 135-151.

Frisch, N. & Kellow, J. (1996). Healing life crises: A guide for nurses. Allentown, PA: Delmar.

Gallop, R., McCay, E., Austin, W., Bayer, M., & Peternelj-Taylor, C. (1998). A survey of psychiatric nurses regarding working with clients who have a history of sexual abuse. Journal of the

American Psychiatric Nurses Association, 4(1), 9-17.

Gallop (1998). Postdischarge social contact: A potential area for boundary violation. Journal of the American Psychiatric Nurses Association, 4(4), 105-110.

Gibson, D.M. (1999). Reduced rehospitalizations and reintegration of persons with mental illness into community living: A holistic approach. Journal of Psychosocial Nursing and Mental Health Services, 37(11), 20-25.



## COURSE ANALYSIS QUESTIONNAIRE

NURS 422 Psychiatric/Mental Health

### Section A: Details of the Course

A1 This course will fit into the senior year of the Bachelor of Science degree in the Nursing program. It is a required course for students in the major.

A2 This course is part of the curriculum revision in the Nursing Department.

A3 This course has never been offered at IUP.

A4 This course is not intended to be offered as a dual-level course.

A5 This course is not intended to be taken for variable credit.

A6 This material on psychiatric/mental health nursing would be included in other baccalaureate nursing programs.

A7 The content in this course is necessary to practice nursing in a mental health setting (Commission on Collegiate Nursing Education, State Board of Nursing Professional and Vocational Standards.) The information taught in this course is consistent with the test plan for the licensing exam for nursing (NCLEX-RN.)

### Section B: Interdisciplinary Implications

B1 This course will be taught by one faculty member at a time within the Nursing Department.

B2 This course does not overlap with any other courses at the University.

B3 No seats in the course will be reserved for students in Continuing Education.

### Section C: Implementation

- C5 One section of the course will be offered at a time.
- C6 Forty students will be accommodated in this course.
- C7 No professional society limits enrollment in a course of this nature.